



♥ health & fitness ♥

COACHING

.....

BE A PART OF SOMETHING MUCH BIGGER THAN YOURSELF



WE'RE ADDING TO OUR TEAM!

We want women and men who are into getting fit and healthy, want to help others and who are ready to start living the life they dream of -- whether it be by getting in the best shape ever, learning how to eat healthier, having some extra cash and/or having the freedom to finally cut ties with an employer.

Our team is super supportive and provides all of the training for new coaches. The best part is that you don't have to be a fitness/nutrition expert or even at your goal weight. The journey is all part of coaching and it's awesome to be able to learn and go through it with others. It's an amazing opportunity to help people, live a healthy life and have time along with financial freedom.

*Team
Rise & Shine*

The logo for 'Team Rise & Shine' features the word 'Team' in a small, light blue font above the words 'Rise & Shine' in a larger, elegant cursive script. To the right of the text is a stylized sunburst icon with rays extending upwards and outwards.

what is coaching?

- ♥ WHAT DOES A COACH DO
- ♥ COMPENSATION AND PERKS
- ♥ HOW TO GET STARTED

WHAT DOES A COACH DO?

- ♥ Form supportive relationships with clients who are ready to make a positive life change
- ♥ Make a powerful impact on the lives of those around them
- ♥ Motivate and encourage others by sharing their own health journey
- ♥ BONUS: Grow and develop personally and professionally in their business

WHAT DOES A COACH DO?

- ♥ Connect clients with their ideal fitness and nutrition program
- ♥ Provide accountability, motivation and challenge groups via their favorite social media platform. So it can all be done online from anywhere in the world.
- ♥ Gain flexibility by creating their own home business schedule
- ♥ BONUS: Get in the best shape of their life while helping others

WHAT COACHING IS NOT!

- ♥ NOT just for the super fit
- ♥ NOT just for outgoing extroverts
- ♥ NOT just for trainers or nutritionists
- ♥ NOT high pressure sales
- ♥ NOT high risk or high cost
- ♥ NOT monthly quotas to achieve
- ♥ NOT a get rich quick scheme
- ♥ NOT limited on success or rank

COMPENSATION & PERKS!

- ♥ 25% discount on your favorite products & programs
- ♥ 25% commission on any sales from your provided website
- ♥ Team Cycle Bonus that is paid WEEKLY
- ♥ Qualification for FREE customer leads
- ♥ FREE training, support and resources to be successful
- ♥ Access to ready-made tools and systems for ease
- ♥ First access and sneak peek to NEW products & programs
- ♥ 1 Pre-made business websites, ready to go
- ♥ Freedom to CANCEL at any time (no fees or penalties)

WHY JOIN ME?

- ♥ TOP fitness & wellness company with successful track record
- ♥ Programs are always in demand and in need to help get fit
- ♥ Continually updating their product line with new programs
- ♥ No pressure to make sales or increase rank
- ♥ Online & local trainings to help you grow your business
- ♥ No stocking of product or shipping of products
- ♥ No need to host parties or cold calling
- ♥ You can even just sign up for the DISCOUNT

NEXT STEPS:

- ♥ Coach start-up is only \$39.95, and can be waived
 - Purchase your own program Challenge Pack to fast start your business & results
 - If you purchase a Challenge Pack within 30 days, your start-up fee is reimbursed
- ♥ There is a \$15.95/month website and back office fee (can be waived for military members)
- ♥ Immediately enjoy your 25% discount
- ♥ 30 day money back guarantee

HOW TO GET STARTED?

- ♥ Check back with your coach or the person who shared this information with you!
- ♥ They will gladly answer any questions and be able to walk you through how to get started if you're ready!
- ♥ Each day is an opportunity to grow into the person you are meant to be!

*If this opportunity is not right for you, feel free to share this information with a friend or someone you think might be a great fit for coaching!

talk to me: DANIELLE MCKEAN

team
Rise & Shine



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